

### Personal Health Dashboard™ PHD

The Personal Health Dashboard™ PHD is a secured online personalized web portal that can be accessed at any time from any device. Once activated through the URL, you can download and utilize our free app.

The PHD offers many resources including:

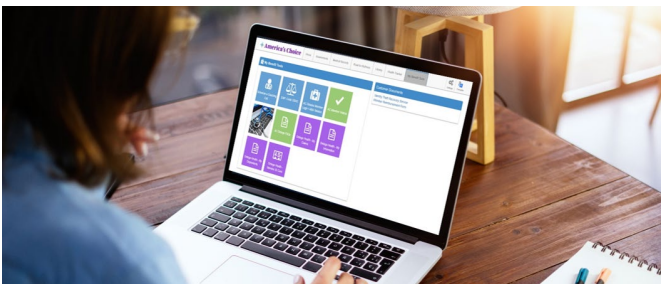
- Assessments
- Medical Library
- Road to Wellness
- Medical Records
- Health Tracker
- My Benefit Tools
- Healthemall



### Additional Benefits

As a member of America's Choice, you have access to many other benefits at no cost to you.

You can easily locate all your benefits on the Personal Health Dashboard™ PHD under the My Benefits Tools tab.



Additional Benefits	Included PPO Plans	Included RBP Metal & HSA Plans	Included RBP Annual Max Plans
Wholeistic™ Coaching	✓	✓	✓
Telemedicine	✓	✓	✓
Patient Assistance Program	✓	✓	✓
Rx Importation Programs	✓	✓	✓
Pharmacy Benefit Manager	✓	✓	✓
Diabetes Management	✓	✓	✓
Medical Imaging	✓	✓	✓
Balance Bill Protection	✓	✓	✓
EAP	✓	✓	✓
Living 2.0 Well-being Apps	✓	✓	✓
Precertification / Case Management	✓	✓	✓
Medical Equipment Services	✓	✓	✓