


















# QUICK REFERENCE GUIDE

Resource	Example	Contact Information
<b>GigCare</b> GigCare.net 24 / 7 / 365	<ul style="list-style-type: none"> <li>· <b>Member Login Portal</b> Member &amp; Dependent Details, My Claims, Forms, Find a Doctor or Lab</li> </ul>	GigCare Member Portal  <a href="http://mygigcare.net">mygigcare.net</a> 
<b>Care Guides</b> Monday - Friday 7:00AM - 5:00PM (CST)	<ul style="list-style-type: none"> <li>· <b>Coverage and Benefit Questions</b></li> <li>· <b>HR:</b> needs to add a new employee or terminate an existing employee</li> <li>· <b>Qualifying Life Event:</b> Marriage, divorce, birth or adopting a child, loss of employment, etc.</li> <li>· <b>Additional Services:</b> Imaging Services with Green Imaging, Diabetes Management with Diathrive</li> </ul>	 <a href="mailto:MemberServices@DetegoHealth.com">MemberServices@DetegoHealth.com</a>  (866) 200-2513
<b>Care Management</b> Monday - Friday 7:30AM - 6:00PM (CST)	<ul style="list-style-type: none"> <li>· <b>Advocate, Coordinate &amp; Encourage:</b> Are you experiencing a complex medical condition/illness/accident? Care Management program can help.</li> </ul>	 (800) 247-1103 
<b>Find A Provider</b> 24 / 7 / 365	<ul style="list-style-type: none"> <li>· <b>Locate In-Network Providers:</b> <b>BlueCard® Program:</b> If you live or travel within the United States, you may take your health care benefits with you.</li> </ul>	<i>NE Provider Services:</i>  (800) 635-0579 <i>Providers Outside NE:</i>  (800) 676-2583 <i>Click on the logo above to search providers!</i> 
<b>Pharmacy Locator</b> 24 / 7 / 365	<ul style="list-style-type: none"> <li>· <b>Locate In-Network Pharmacies:</b> Click on your plan's PBM's logo to find a pharmacy in your area.</li> </ul>	 (844) 649-0493  <i>Click on the logo above to search a pharmacy!</i>
<b>ScriptAide</b> ScriptAide.com Monday - Friday 8:00AM - 5:00PM (CST)	<ul style="list-style-type: none"> <li>· <b>Prescription Assistance Advocacy:</b> We help members get medications not covered by insurance and find covered medications at a lower cost.</li> </ul>	 <a href="mailto:info@ScriptAide.com">info@ScriptAide.com</a>  (866) 837-1515 
<b>Telemedicine</b> member.mylivedoc.net 24 / 7 / 365	<ul style="list-style-type: none"> <li>· <b>Register:</b> Online or via Mobile</li> <li>· <b>Questions:</b> Regarding Telehealth, contact us through e-mail address or phone listed</li> </ul>	 <a href="mailto:MemberServices@MyLiveDoc.net">MemberServices@MyLiveDoc.net</a>  (855) 226-6567 

These resources are available to members who have enrolled in one of our Major Medical Plans. Certain resources contained below *may not be included* in non-major medical plans.